

## **HOW TO HAVE PEACE OF MIND IN A WORLD OF UNCERTAINTY**

Getting a Grip On life

**Jesus:** *"I leave behind with you -- peace; I give you My own peace and My gift is nothing like the peace of the world. [Do not be distressed or daunted]." John 14:27 (PHILLIPS)*

### **THE FIVE KEYS TO PEACE OF MIND**

#### **1. ACCEPT GOD'S PARDON**

*"... Since we have been justified through faith, we have peace with God through our Lord Jesus Christ." Romans 5:1 (NIV)*

*"Who is a God like You, who pardons sin and forgives... You... delight to show mercy." Micah 7:18 (NIV)*

#### **2. RECOGNIZE GOD'S PRESENCE**

*"You (God) will keep those in perfect peace whose minds are steadfast on You..." Isaiah 26:3*

*"... to be spiritually minded is life and peace." Romans 8:6 (KJV)*

*"God is our refuge and strength, and ever-present help in trouble ... Be still and know that I am God..." Psalm 46:1; 10 (NIV)*

#### **3. OBEY GOD'S PRINCIPLES**

*"Those who love Your laws have great peace of heart and mind and do not stumble... so I have obeyed Your laws." Psalm 119:165-166 (TLB)*

#### **4. TRUST GOD'S PLAN**

*"Trust in the LORD with all your heart, and don't lean on your own understanding; in all your ways acknowledge Him, and He will direct your paths." Proverbs 3:5-6*

**Condition:**

- **TRUST** in the Lord.
- Don't **LEAN** on your own UNDERSTANDING.
- **ACKNOWLEDGE** Him.

**Result: He will DIRECT your PATH!**

*"... I have learned to be content whatever the circumstances." Philippians 4:12*

#### **4. ASK FOR GODS PROVISION**

*"Don't worry about anything; instead, pray about everything; tell God your needs, and don't forget to thank Him for His answers. If you do this, you will experience God's peace, which is far more wonderful than the human mind can understand..." Philippians 4:6-7 (TLB)*

#### **5. PREPARE FOR GOD'S PLACE**

Jesus said, *"Do not let your hearts be troubled. Trust in God -- trust in Me. There is more than enough room in my Father's home. If this were not so, would I have told you that I am going to prepare a place for you? When everything is ready, I will come and get you, so that you will always be with me where I am." John 14:1-3 (NLT)*

I'd love to hear your stories & feedbacks: [phoebegdial@gmail.com](mailto:phoebegdial@gmail.com)