

## **HOW TO FACE YOUR FEARS WITH COURAGE**

### **Living the Unstoppable Life**

*“For God has not given us a spirit of fear, but of power, love, and a sound mind.” 2 Timothy 1:7*

**Read this at home: EXODUS 14:1-31**

#### **I. FOUR WAYS FEAR AFFECTS US....**

##### **1. FEAR MAKES US SKEPTICAL.**

*“Why did you bring us out here to die in the wilderness? Weren't there enough graves for us in Egypt?”*  
(Exodus 14:11a)

##### **2. FEAR MAKES US SELFISH.**

*“What have you done to us? Why did you make us leave Egypt?”* (Exodus 14:11b)

##### **3. FEAR MAKES US STUBBORN.**

*“Didn't we tell you this would happen while we were still in Egypt? We said, ‘Leave us alone! Let us be slaves to the Egyptians...’”* (Exodus 14:12a - NLT)

##### **4. FEAR MAKES US SHORTSIGHTED.**

*“It's better to be a slave in Egypt than a corpse in the wilderness!”* (Exodus 14:12b - NLT)

#### **II. WHY WOULD GOD LEAD US TO GO THROUGH IMPOSSIBLE SITUATIONS**

- **TO REVEAL HIS POWER.**

*“... I will gain glory for myself through Pharaoh and all his army, and the Egyptians will know that I am the LORD...”*  
Exodus 14:4 (NIV)

- **TO BUILD OUR FAITH.**

*“And when the Israelites saw the mighty hand of the LORD... [they] put their trust in him.”* Exodus 14:31 (NIV)

- **TO BREAK OUR DEPENDENCE ON “EGYPT”**

*“... Why did you make us leave Egypt?”* (Exodus 14:11b)

- **TO DEMONSTRATE HE FIGHTS FOR US**

*“The LORD will fight for you; you need only to be still.”* Exodus 14:14 (NIV)

- **TO SET UP A TESTIMONY FOR GENERATIONS**

*“Remember what the Lord did at the Red Sea.”* Exodus 14

#### **III. HOW TO TAKE COURAGEOUS RISKS IN FAITH**

##### **1) HEAR GOD'S INSTRUCTION CLEARLY.**

*“Then the LORD said to Moses, ‘Why are you crying out to me? Tell the Israelites to move on.’”* Exodus 14:15

##### **2) TAKE THE FIRST-STEP BEFORE THE MIRACLE HAPPEN.**

*“So the people of Israel walked through the middle of the sea on dry ground, with walls of water on each side!”*  
Exodus 14:22 (NLT)

##### **3) TRUST GOD WITH THE OUTCOME.**

*“Do not be afraid. Stand firm and you will see the deliverance the LORD will bring you today ... The LORD will fight for you.”*  
Exodus 14:13–14 (NIV)

##### **4) REFUSE TO RETREAT TO SAFETY.**

*“It's better to be a slave in Egypt than a corpse in the wilderness!”*  
(Exodus 14:12b)

##### **5) REMEMBER GOD MAKES A WAY WHERE THERE IS NO WAY!**

*“This is what the LORD says—he who made a way through the sea, a path through the mighty waters...”* Isaiah 43:16 (NIV)

**REFLECT:** What is the "Red Sea" you are facing today?

