

CHANGING YOUR LIFE ALWAYS STARTS WITH A CHOICE

The Choice

(God says to His people) *"I have set before you life and death, blessings and curses. Now choose life, so that you and your children may live."* Deuteronomy 30:19

"... Choose for [yourself] this day whom you will serve..."
Joshua 24:15 (NIV)

"[Do not be conformed to the pattern] of this world, but let God transform you into a new person by changing the way you think."
Romans 12:2 (NLT)

(3) REASONS WHY I NEED TO CHOOSE TO CHANGE MY MINDSET

1. BECAUSE _____

"Be careful how you think; your life is shaped by your thoughts."
Proverbs 4:23 (GNT; TEV)

2. BECAUSE _____

"I love to do God's will so far as my new nature is concerned; but there is something else deep within me, that is at war with my mind and wins the fight and makes me a slave to the sin... within me. In my mind I want to be God's... servant, but instead I find myself still enslaved to sin." Romans 7:22-23 (TLB)

3. BECAUSE _____

"Let the Spirit change your way of thinking and make you into a new person. You were created to be like God..." Ephesians 4:23-24 (CEV)

"If [your] thinking is controlled by [your old] sinful self, [it leads to] death. But if [your] thinking is controlled by the Holy Spirit, that leads to life and peace." Romans 8:6 (NCV)

(3) DAILY CHOICES FOR CHANGING MY MIND

1. EVERY DAY I MUST CHOOSE TO _____ MY MIND WITH THE _____ THOUGHTS.

"[Brothers and sisters], fill your minds with thoughts that are true, noble, right, pure, [beautiful, and admirable. Think about things that are excellent and worth praising]." Philipians 4:8 (GNT; TEV)

"A wise person is hungry for [truth], while the fool feeds on trash."
Proverbs 15:14 (NLT)

Q. Am I being wise or Am I being foolish with what I allow in my mind?

Q. Am I feeding my soul every day with TRUTH from God's Word?
Jesus: *"If you continue in my Word, you are truly my disciples. Then you will know the truth, and the truth will make you free."* John 8:31-32 (NCV)

Q. Does my media intake create freedom or frustration?

2. EVERY DAY I MUST CHOOSE TO _____ FROM _____ THOUGHTS.

"Those who are dominated by [their] sinful nature think about sinful things, but those who are controlled by the Holy Spirit think about things that please the Spirit." Romans 8:5 (NLT)

(3) FORCES THAT BATTLE IN YOUR MIND

I. _____ Romans 7:23

II. _____ John 8:44, John 10:10

III. _____ 1John 2:16

"... Though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. [Our weapons] have divine power to demolish strongholds. We demolish [any] argument and every pretension that sets itself up against the knowledge of God, and we TAKE CAPTIVE EVERY THOUGHT to make it OBEDIENT to Christ." 2 Corinthians 10:3-5 (NIV)

3. EVERY DAY I MUST CHOOSE TO _____ ON _____.

• **THINK ABOUT** _____
"Keep your mind on Jesus Christ..." 2 Timothy 2:8 (CEV)

• **THINK ABOUT** _____
"Don't just think about your own affairs, but be interested in others, too, and in what they are doing." Philipians 2:4 (TLB)

"Let us think about each other and help each other to show love and do good deeds." Hebrews 10:24 (NCV)

- **THINK ABOUT _____**

“Let heaven fill your thoughts. Do not think only about things down here on earth.” Colossians 3:2 (NLT; TLB)

I'd love to hear your stories & feedback:

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