#### WHEN YOU NEED A BREAKTHROUGH FROM GOD Seeking God for a Breakthrough – Part 1

"When the Philistines learned that David had been made king of Israel, they mobilized all of their <u>forces against him</u> to <u>attack and enslave</u> him, but David heard the news and moved to his <u>fortified place</u>. Then the Philistine army moved in and <u>spread out</u> across the entire valley. So David <u>sought</u> <u>the LORD in prayer</u>. He asked 'Should I go fight these Philistines? Will you give them over to me?' The LORD replied, 'Yes, go ahead! You can certainly <u>count on me</u> to give you the victory!" 2 Samuel 5:17-19

"So, David went out and defeated them. Then David said, <u>'I</u> watched the Lord BREAK THROUGH my enemies like a mighty flood.' So he named the place <u>'The Lord Broke</u> <u>Through</u>!" 1 Chronicles 14:8-11

"After this, 3 enemies joined forces against Judah. Messengers told the king 'A vast army is coming against you!' <u>Alarmed and afraid</u>, King Jehoshaphat <u>resolved to</u> <u>SEEK the Lord</u>. Then he proclaimed <u>a FAST for everyone</u>. So ALL of people <u>CAME TOGETHER to SEEK HELP from</u> <u>the Lord</u>. They came from everywhere <u>to seek God</u>." 2 Chronicles 20:1-4

## HOW? PHILIPPIANS 4:6-8

## 1. DON'T WORRY ABOUT ANYTHING!

"Do not worry about anything!" Philippians 4:6a (NLT)

*"Do not fret* [*or fear*] *or have ANY anxiety..."* Philippians 4:6a (AMPC)

• WORRY IS <u>FOCUSING ON MY FEARS</u> INSTEAD OF GOD.

"Thinking that is controlled by my sinful nature leads to death, but thinking controlled by the Spirit, leads to life and peace." Romans 8:6

# HOW DO I SWITCH MY FOCUS? <u>BY FASTING &</u> <u>PRAYING</u>

*"I <u>turned</u> to the Lord and <u>pleaded</u> with him in <u>prayer and</u> <u>fasting</u>." Daniel 9:3* 

"... We fasted and earnestly prayed that our God would take care of us, and he heard our prayer." Ezra 8:23 (NLT)

## 2. PRAY ABOUT EVERYTHING

*"Don't worry about anything; instead, <u>pray about everything</u>. <i>Tell God what you need..."* Philippians 4:6b (NLT)

"Give all your worries and cares to God, for he cares about [what happens to you]." 1 Peter 5:7 (NLT)

*"EVERY DAY Lord, I <u>lift my hands</u> to you in prayer and I call to you."* Psalm 88:9







LEFT: WHO to pray for Thumb: Index: Tallest: Ring: Small: **RIGHT**: WHAT to pray Thumb: Index: Tallest: Ring: Small: