

THE SANCTITY OF SEX

Reframe: Embracing a Biblical Worldview

SEX FACTS

- Sex was **created** by God.
- Sex is **holy**, pure, and sacred.
- Sex is **only for marriage.**

God's Purpose in Creating Sex

"That is why a man leaves his father and mother and is united to his wife, and they become one flesh. Adam and his wife were both naked, and they felt no shame." Genesis 2:24-25 (NIV)

- For **PLEASURE** between a husband and a wife.
- For Spiritual and Emotional **BONDING** between husband and wife.
- For **PRO-CREATION**

"Be fruitful and multiply and replenish the earth." Genesis 1:28

"You must obey all my regulations and be careful to obey my decrees, for I am the LORD your God. ⁵ If you obey my decrees and my regulations, you will find life through them. I am the LORD." Leviticus 18:4-5 (NLT)

"Marriage should be honored by all, and the marriage bed kept pure, for God will judge the adulterer and all the sexually immoral." Hebrews 13:4

"God wants you to be pure and to keep clear of all sexual sin ... For God has not called us to be dirty-minded and full of lust but to be holy and clean." 1 Thessalonians 4:3; 7 (TLB)

HOW TO STAY PURE IN A SEX-SATURATED WORLD

1. **MAKE COMMITMENT TO GOD'S STANDARD,**

"How can [anyone] keep his way pure? By living according to Your Word." Proverbs 119:9 (ESV; NIV)

God's Standard:

2. **MANAGE YOUR MIND**

"Be careful how you think; your life is shaped by your thoughts." Proverbs 4:23 (GNT)

"I will refuse to look at anything vile and vulgar..." Psalm 101:3 (NLT)

"Turn your back on [lustful thoughts] and give your positive attention to goodness, integrity, love, and peace..." 2 Timothy 2:22 (PHILLIPS)

3. **MINIMIZE THE OPPORTUNITY FOR SEXUAL MISCONDUCT**

"Be careful. If you're thinking, Oh, I'd never behave like that -- let this be a warning to you. For you too may fall into sin." 1 Corinthians 10:12 (TLB)

"... Bad companions ruin good character." 1 Corinthians 15:33 (GNT)

"But among you there must not be even a hint of sexual immorality..." Ephesians 5:3 (NIV)

4. **MAGNIFY THE CONSEQUENCES**

"[Anyone] who commits adultery doesn't have any sense. He is just destroying himself." Proverbs 6:32 (GNT)

"[Immorality] may cost you your life." Proverbs 6:26 (NCV)

"God will judge the... sexually immoral." Hebrews 13:4a (NIV)

THE PATH BACK TO PURITY

- **REPENT** -- Psalm 51:1-10
- **RECEIVE FORGIVENESS** -- Psalm 32:1-5
- **REFOCUS & REPLACE** -- Romans 13:13-14
- **REQUEST HELP DAILY FROM GOD** -- 1 Corinthians 10:13

"Remember that the temptations that come into your life are no different from what others experience. And God is faithful... When you are tempted, He will show you a way out so that you will not give in to it." 1 Corinthians 10:13