

THE SEASON OF SELF-DOUBT
Growing in the Seasons of Life

"I came to you in weakness - timid and trembling."
1 Corinthians 2:3 (NLT; TLB)

"For God did not give us a spirit of timidity, but a spirit of power, of love and of self-discipline." 1 Timothy 1:7

FOUR Responses to Doubt:

- * Listen to your *Doubts*
- * Ignore your *Doubts*
- * Lie to your *Doubts*
- * **Tell your *Doubts* the Truth and Act on that Truth!**

I. I AM INFLUENTIAL. BE AN EXAMPLE!

"Do not let anyone treat you as if you are unimportant because you are young. Instead, be an example to the believers with your words, your actions, your love, your faith, and your pure life." 1 Timothy 4:12 (NCV)

"And you should follow my example, just as I follow Christ's."
1 Corinthians 11:1 (TLB)

II. I AM INADEQUATE. DEPEND ON GOD!

"Not that we are adequate in ourselves to consider anything as coming from ourselves, but our adequacy is from God."
2 Corinthians 3:5

"... apart from Me you can do nothing." John 15:5 (NIV)

"I can do all things through Christ, because he gives me strength." Philippians 4:13 (NCV)

III. I AM INVALUABLE. USE YOUR GOD'S GIFTS!

"... I remind you to keep using the gift God gave you when I laid my hands on you. Now let it grow, as a small flame grows into a fire." 2 Timothy 1:6 (NCV)

"Do not neglect your gift..." 1 Timothy 4:14 (NIV)

"Each [one would use] whatever gift [he] has received to serve others..." 1 Peter 4:10 (NIV)

IV. I AM INCOMPLETE. DECIDE... I WILL GROW!

"... Grow in spiritual strength and become better acquainted with our Lord and Savior Jesus Christ..." 2 Peter 3:18 (TLB)

"Cultivate these things. Immerse yourself in them. The people will all see you mature right before their eyes!" 1 Timothy 4:15 (MSG)

"With God's power working in us, God can do much, much more than anything we can ask or imagine." Ephesians 3:20 (NCV)

I'd love to hear your stories & feedback: phoebegdial@gmail.com

